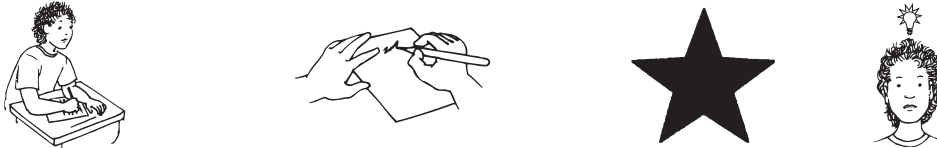


# Taking Notes



Sometimes the teacher wants me to take notes.



Taking notes means writing down the important ideas.



I do not need to write down every word.



Sometimes the teacher writes the notes on the \_\_\_\_\_ (location\*).



Then I need to copy the notes in my notebook.



I can read my notes again to help me remember.

\*Indicate a place such as the chalkboard, the overhead projector, or the dry-erase board.

# Taking a Test



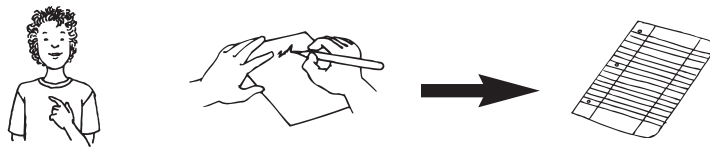
Teachers give tests to find out what I have learned.



I may not know all the answers on the test.



It is okay to make a mistake.



I will try to write the answers on my paper.



It is important to answer the questions by myself.

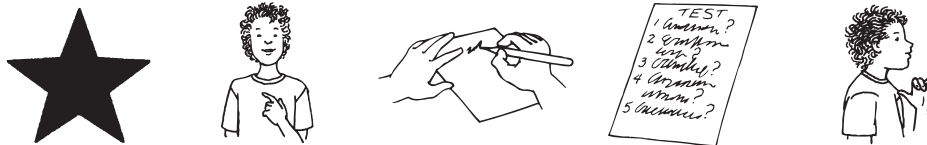


I will try not to talk when I take the test.

# Cheating



Teachers give tests to find out what I have learned.



It is important to answer the questions by myself.



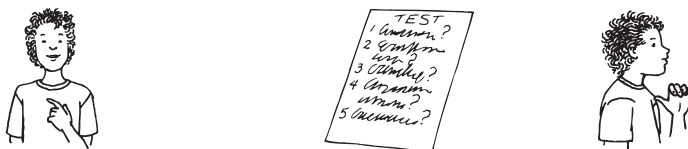
I may not know all the answers on the test.



I will try not to look at other students' papers.



It is okay if I don't know all the answers.



I will try to take the test all by myself.

# Others Are Working

---



All students try to work at school.



Students may be reading or writing.



They are looking at their work.



They are thinking about their work.



If I talk to them, I interrupt their work.

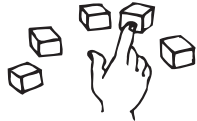


I will try not to talk to students who are working.

# Inappropriate Talking



Sometimes at school I say “ \_\_\_\_\_ .”  
(inappropriate words)



This is not a good choice.



I will not say “ \_\_\_\_\_ .”  
(inappropriate words)



I will try not to interrupt the class.



This bothers other people.

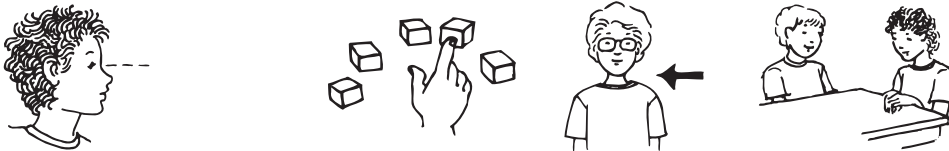


I will not say “ \_\_\_\_\_ ” at school.  
(inappropriate words)

# Joining a Work Group



Sometimes the teacher says "Find a partner."



I need to look around and choose someone to work with.



I can ask "Do you want to be my partner?"



Sometimes the teacher says "Get in groups of three."



I need to look for two people to work with.



I can say "Let's be a group."

# Teacher's Signal



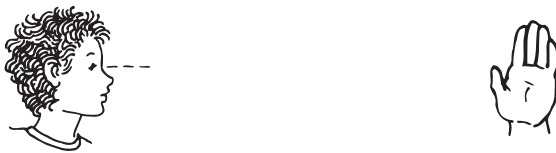
Sometimes I \_\_\_\_\_ in class.  
(target behavior\*)



My teacher will remind me to stop.



She will use a signal that looks like this. *(Demonstrate signal.)*



When I see \_\_\_\_\_, I need to stop \_\_\_\_\_.  
(Demonstrate signal.) (target behavior\*)



The signal reminds me to start working again.



I will try to watch for my teacher's signal.

\*Indicate the appropriate behavior that the signal will address.

# I Feel Sick at School



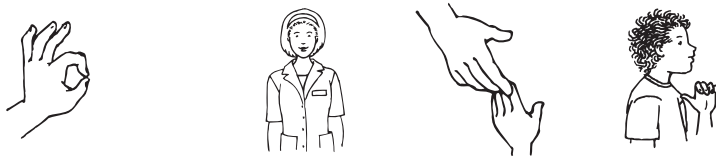
If I feel sick at school, I need to tell my teacher.



I need to say "My \_\_\_\_\_ hurts."  
(body part)



My teacher may send me to the nurse.



It is okay. The nurse will help me.



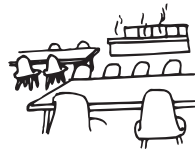
I might go home. I might go back to class.



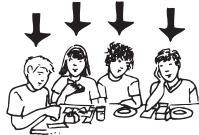
It is important to tell my teacher when I feel sick at school.



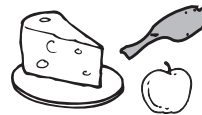
# I Eat My Own Food



At school we eat together in the cafeteria.



Each person has his or her own food.



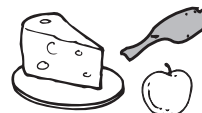
Sometimes I ask people for their food.



People don't like it when I ask for their food.



I will try to eat my own food at school.



I will try not to ask for other people's food.

# Lunch



I have \_\_\_\_\_ minutes to eat my lunch.  
(number)



My next class starts at \_\_\_\_\_.  
(time\*)



I will try to finish eating on time.



If I take too long to eat, I might be late for class.



If I finish my lunch early, I can \_\_\_\_\_.  
(appropriate activity)



I can't go to my next class until \_\_\_\_\_.  
(time\*)

\*Draw in clock hands to show the appropriate time.

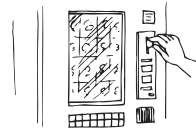
# Vending Machines



My school has vending machines for drinks and snacks.



Sometimes I go to the vending machine too many times.



Sometimes I put my lunch money in the vending machine.



It is not healthy to eat all my food from the vending machine.



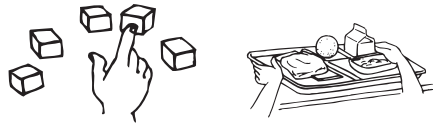
1

I can go to the vending machine one time for \_\_\_\_\_  
(type of food)



I will spend my lunch money in the cafeteria.

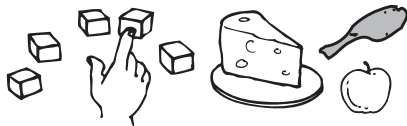
# Lunch Choices



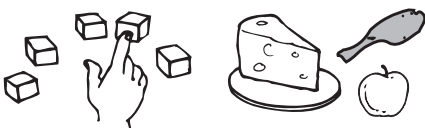
I have \_\_\_\_\_ of choices at lunchtime.  
(number)



I might get a tray of food in the regular line.

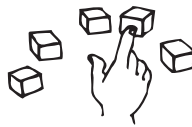
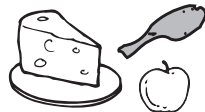


I might choose food from the \_\_\_\_\_.  
(lunch line choice\*)

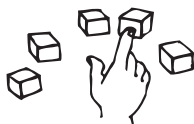


I might choose food from the \_\_\_\_\_.  
(lunch line choice\*)

**1**



I can only make one food choice.



**1**

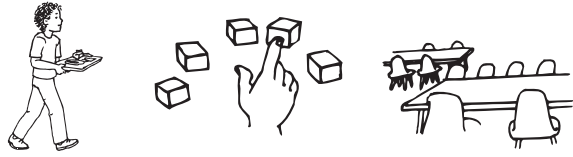


I need to choose one line for lunch.

\*Indicate lunch line choices (e.g., salad bar, baked potato bar, snack bar).

# Joining Others at Lunch

---



I may choose any table for lunch.



I may sit in a different place every day.



After I get my food, I look for a place to sit.



Other students may be sitting at the table.



I need to ask them if I can sit down.



I need to ask “ \_\_\_\_\_ ?”  
(appropriate request)

# Joining Others at Lunch – Rejection

---



I want to sit with others. I ask "Can I sit here?"



Sometimes they say "No."



They may want someone else to sit there.



I can say "Okay."



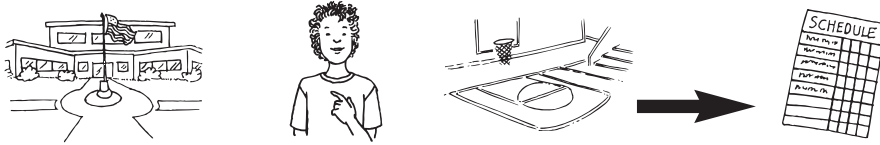
Then I can look for another place to sit.



I will try not to be upset if others tell me "No."

# Gym Class

---



At school I have gym on my schedule.



There may be many students in gym class.



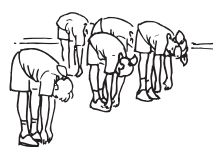
We may exercise, run, or play games.



The coach is the teacher in gym class.



I will try to listen and follow the coach's directions.



I will try to do what the other students do.

# Changing Clothes in Gym

---



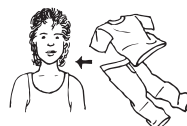
I need to wear special clothes in gym.



I need to change my clothes in the locker room.



I will put my school clothes in my \_\_\_\_\_.  
(place\*)



When gym class is finished, I can put my school clothes on again.



Then I put my gym clothes in my \_\_\_\_\_.  
(place\*)

\*Indicate any place the individual might put his/her clothes (e.g., locker, gym bag).



# Adaptive P.E.

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I work with \_\_\_\_\_ on \_\_\_\_\_.

(person)

(days/times)



\_\_\_\_\_ is my special P.E. teacher.

(person)



\_\_\_\_\_ helps me exercise and play games.

(person)



\_\_\_\_\_ is my teacher too.

(person)



I will listen and follow \_\_\_\_\_'s directions.

(person)



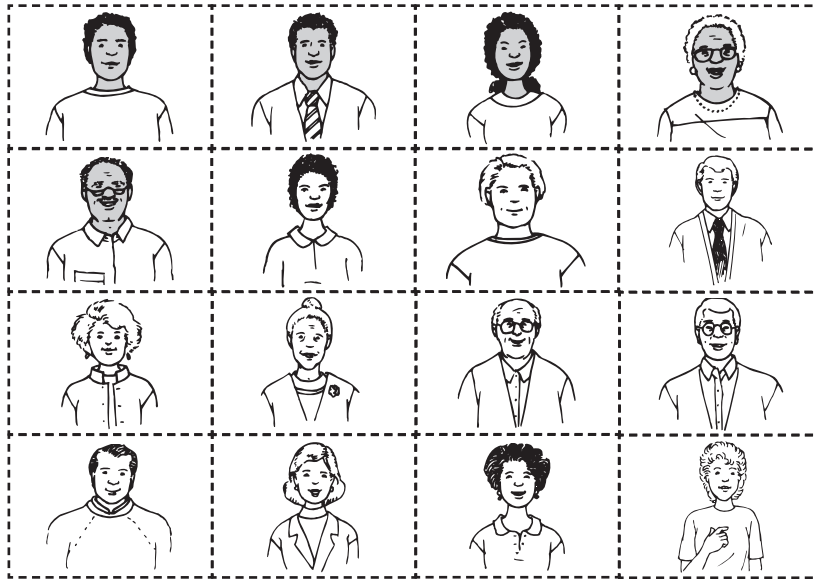
I will try to work with \_\_\_\_\_.

(person)

# Picture Index

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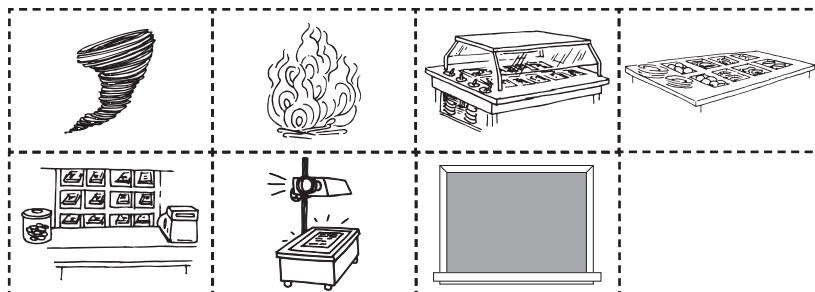
## People



## School Personnel



## Things



# Tracking Multiple Behaviors

Name \_\_\_\_\_ Date \_\_\_\_\_

Behavior		Behavior		Behavior		Behavior		Behavior	
Time 1	Location	Time 1	Location	Time 1	Location	Time 1	Location	Time 1	Location
Antecedent		Antecedent		Antecedent		Antecedent		Antecedent	
Consequence		Consequence		Consequence		Consequence		Consequence	
Time 2	Location	Time 2	Location	Time 2	Location	Time 2	Location	Time 2	Location
Antecedent		Antecedent		Antecedent		Antecedent		Antecedent	
Consequence		Consequence		Consequence		Consequence		Consequence	
Time 3	Location	Time 3	Location	Time 3	Location	Time 3	Location	Time 3	Location
Antecedent		Antecedent		Antecedent		Antecedent		Antecedent	
Consequence		Consequence		Consequence		Consequence		Consequence	
Time 4	Location	Time 4	Location	Time 4	Location	Time 4	Location	Time 4	Location
Antecedent		Antecedent		Antecedent		Antecedent		Antecedent	
Consequence		Consequence		Consequence		Consequence		Consequence	

# Tracking Multiple Behaviors Example

Name Zachary H.

Date 4/12

Behavior		Behavior		Behavior		Behavior		Behavior	
<i>Shouting</i>		<i>Vulgar Language</i>							
Time 1 <i>10:45 AM</i>	Location <i>classroom</i>	Time 1 <i>8:30 AM</i>	Location <i>classroom</i>	Time 1	Location	Time 1	Location	Time 1	Location
Antecedent <i>leaving class for speech</i>		Antecedent ?		Antecedent		Antecedent		Antecedent	
Consequence <i>warning</i>		Consequence <i>warned; told "No"</i>		Consequence		Consequence		Consequence	
Time 2 <i>11:15 AM</i>	Location <i>classroom</i>	Time 2 <i>10:15 AM</i>	Location <i>classroom</i>	Time 2	Location	Time 2	Location	Time 2	Location
Antecedent <i>returning to class after speech</i>		Antecedent ?		Antecedent		Antecedent		Antecedent	
Consequence <i>loss of privilege</i>		Consequence <i>redirected</i>		Consequence		Consequence		Consequence	
Time 3 <i>2:00 PM</i>	Location <i>classroom</i>	Time 3 <i>1:30 PM</i>	Location <i>music class</i>	Time 3	Location	Time 3	Location	Time 3	Location
Antecedent <i>leaving class to go to PT</i>		Antecedent ?		Antecedent		Antecedent		Antecedent	
Consequence <i>sent to seat to start over</i>		Consequence <i>loss of privilege</i>		Consequence		Consequence		Consequence	
Time 4	Location	Time 4	Location	Time 4	Location	Time 4	Location	Time 4	Location
Antecedent		Antecedent		Antecedent		Antecedent		Antecedent	
Consequence		Consequence		Consequence		Consequence		Consequence	

# Initial Behavior Analysis\*

Name \_\_\_\_\_ Date \_\_\_\_\_

Setting \_\_\_\_\_ Activity \_\_\_\_\_

Name of Person Completing Form \_\_\_\_\_

What happened just before the behavior occurred? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Describe the behavior. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

What was the consequence of the behavior? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Date/Time**    **Location**    **No. of Occurrences**    **Consequences**

Date/Time	Location	No. of Occurrences	Consequences

Comments: \_\_\_\_\_

\_\_\_\_\_

\* This form can be used for observing the same behavior several times in one day or for observation over several days.

# Initial Behavior Analysis\* Example

Name Zachary H. Date 4/14

Setting classroom Activity N/A

Name of Person Completing Form \_\_\_\_\_

What happened just before the behavior occurred? \_\_\_\_\_

Unable to determine. Attention seeking?

Describe the behavior. vulgar language

What was the consequence of the behavior? told "No," redirected, loss of privilege

Date/Time	Location	No. of Occurrences	Consequences
10:45	classroom		warned 2x, told "No"
11:15	classroom		redirected
2:00	music class		warned 1x, loss of privilege

Comments: \_\_\_\_\_

\* This form can be used for observing the same behavior several times in one day or for observation over several days.

# Record of Progress

Name \_\_\_\_\_

Behavior \_\_\_\_\_

Social Skill Lesson \_\_\_\_\_

Date Social Skill Lesson Initiated \_\_\_\_\_

## Intervention Chart

Baseline \_\_\_\_\_ (average # of occurrences in one day from *Initial Behavior Analysis*)

### Lesson Read?

### How often does the behavior occur?

	Yes	No											
Day 1													
Day 2													
Day 3													
Day 4													
Day 5													
Day 6													
Day 7													
Day 8													
Day 9													
Day 10													

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Record of Progress Example

Name Zachary H.

Behavior vulgar language

Social Skill Lesson Inappropriate Talking

Date Social Skill Lesson Initiated 4/16

## Intervention Chart

Baseline 6x/day (average # of occurrences in one day from *Initial Behavior Analysis*)

	Lesson Read?		How often does the behavior occur?										
	Yes	No											
Day 1	X		✓	✓	✓	✓							
Day 2	X		0										
Day 3		X	✓	✓	✓								
Day 4	X		0										
Day 5	X		0										
Day 6	X		0										
Day 7		X	0										
Day 8													
Day 9													
Day 10													

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# Tracking Form for Lessons – Individual

Middle School

Name \_\_\_\_\_

## Transitions

Leaving Elementary School

Date \_\_\_\_\_

\_\_\_\_\_

Leaving for School on Time

Date \_\_\_\_\_

\_\_\_\_\_

New Bus Driver

Date \_\_\_\_\_

\_\_\_\_\_

New Bus Route

Date \_\_\_\_\_

\_\_\_\_\_

New Seating Arrangement

Date \_\_\_\_\_

\_\_\_\_\_

Schedule Changes

Date \_\_\_\_\_

\_\_\_\_\_

Leaving and Coming Back to the Classroom

Date \_\_\_\_\_

\_\_\_\_\_

Bathroom

Date \_\_\_\_\_

\_\_\_\_\_

Hallway Crowds

Date \_\_\_\_\_

\_\_\_\_\_

Lockers

Date \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Dress Code

Date \_\_\_\_\_

\_\_\_\_\_

Emergency Drill

Date \_\_\_\_\_

\_\_\_\_\_

Substitute Teacher

Date \_\_\_\_\_

\_\_\_\_\_

Speech Therapy

Date \_\_\_\_\_

\_\_\_\_\_

Counseling

Date \_\_\_\_\_

\_\_\_\_\_

Social Skills Buddy

Date \_\_\_\_\_

\_\_\_\_\_

## Classroom

Inclusion

Date \_\_\_\_\_

\_\_\_\_\_

School Rules

Date \_\_\_\_\_

\_\_\_\_\_

Class Schedule

Date \_\_\_\_\_

\_\_\_\_\_

Raising My Hand

Date \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name \_\_\_\_\_

**Classroom**, *continued*

Let the Teacher Talk  
Date \_\_\_\_\_

Homework  
Date \_\_\_\_\_

I Forgot My Homework  
Date \_\_\_\_\_

Taking Notes  
Date \_\_\_\_\_

Taking a Test  
Date \_\_\_\_\_

Cheating  
Date \_\_\_\_\_

Others Are Working  
Date \_\_\_\_\_

Inappropriate Talking  
Date \_\_\_\_\_

Joining a Work Group  
Date \_\_\_\_\_

Teacher's Signal  
Date \_\_\_\_\_

I Feel Sick at School  
Date \_\_\_\_\_

**Cafeteria**

I Eat My Own Food  
Date \_\_\_\_\_

Lunch  
Date \_\_\_\_\_

Vending Machines  
Date \_\_\_\_\_

Lunch Choices  
Date \_\_\_\_\_

Joining Others at Lunch  
Date \_\_\_\_\_

Joining Others at Lunch – Rejection  
Date \_\_\_\_\_

**Gym**

Gym Class  
Date \_\_\_\_\_

Changing Clothes in Gym  
Date \_\_\_\_\_

Adaptive P.E.  
Date \_\_\_\_\_

Tracking Form for Lessons – Group					Middle School	
<b>Names:</b>						
<b>Transitions</b>						
Leaving Elementary School						
Leaving for School on Time						
New Bus Driver						
New Bus Route						
New Seating Arrangement						
Schedule Changes						
Leaving and Coming Back to the Classroom						
Bathroom						
Hallway Crowds						
Lockers						
Dress Code						
Emergency Drill						
Substitute Teacher						
Speech Therapy						
Counseling						
Social Skills Buddy						
<b>Classroom</b>						
Inclusion						
School Rules						
Class Schedule						
Raising My Hand						
Let the Teacher Talk						
Homework						
I Forgot My Homework						

Tracking Form for Lessons – Group, <i>continued</i>				Middle School		
<b>Names:</b>						
<b>Classroom, <i>continued</i></b>						
Taking Notes						
Taking a Test						
Cheating						
Others Are Working						
Inappropriate Talking						
Joining a Work Group						
Teacher’s Signal						
I Feel Sick at School						
<b>Cafeteria</b>						
I Eat My Own Food						
Lunch						
Vending Machines						
Lunch Choices						
Joining Others at Lunch						
Joining Others at Lunch – Rejection						
<b>Gym</b>						
Gym Class						
Changing Clothes in Gym						
Adaptive PE						

# Overview of Lessons

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## Communication

### Social Interactions

- Greeting Others
- Saying “Hi” to Siblings’ Friends
- Smiling
- How to Shake Hands
- When to Shake Hands
- Joining a Conversation
- Listening to Others During a Conversation
- Ending a Conversation
- Talking to Children
- Staying on Topic
- Asking a Friend to Play
- Taking Turns in a Game
- Receiving a Compliment
- When to Hug
- How to Give a Hug
- Saying “I Love You”
- Using the Phone: Saying “Hello” and “Goodbye”
- Using the Phone: Taking a Message

### Feelings

- Feeling Happy
- Feeling Sad
- Feeling Angry
- Feeling Excited
- Feeling Disappointed
- Feeling Tired
- Feeling Upset
- Feeling Afraid

### Social Problems

- Inappropriate Greetings
- Obsessing on a Topic
- Responding to Unkind Words
- Unfair Situations
- Saying “No” to a Friend
- Saying “I’m Sorry”
- Others Are Upset with Me
- Repeating a Question
- Don’t Touch Me
- Seeking Attention with Inappropriate Words
- When Others Fight
- Hearing “No”
- Laughing When Someone Falls
- Self-Talk

## Controlling Behavior

### Expressing Feelings

- Expressing Anxiety
- Expressing Frustration
- Expressing Anger
- Expressing Sadness
- Expressing Disappointment

### Special Problems

- Seeking Attention with Inappropriate Actions
- Inappropriate Drawings
- Inappropriate Laughing
- Running Away
- Stealing
- Taking Shoes Off
- Keeping Clothes On
- Leaving the Bathroom Naked
- Hands in Pants
- Touching Others
- Touching Breasts
- Making Others Repeat
- Obsessive Collecting
- Making Noises
- Whining
- Putting Things in My Mouth
- Licking

### Aggressive Behaviors

- Spitting
- Cursing
- Throwing
- Breaking Things
- Tearing
- Throwing Food
- Pinching
- Hitting
- Biting
- Scratching
- Kicking
- Head Butting
- Pushing
- Choking
- Pulling Hair
- Stomping on Feet
- Pulling Out Own Hair
- Biting Self

## Healthy Habits

### Being Healthy

- The Food Pyramid
- Exercise
- Cramming Food in My Mouth
- Eating Only One Food
- Eating off the Floor
- Overeating
- Drinking from My Own Glass
- Taking Medicine
- Other People’s Medicine
- Scabs
- Blowing with No Tissue
- Chewing on Dirty Tissues
- Inhalants
- Marijuana
- Alcoholic Beverages
- Smoking

### Health Care

- Wearing Glasses
- A Cavity
- Getting Braces
- My Retainer
- Immunizations
- The Hospital

### Grooming

- Brushing Teeth
- Washing Hair
- Washing Hands
- Using Deodorant
- Wearing Socks

### Puberty

- Developing Breasts
- Wearing Bras
- Menstruation
- Sanitary Products
- My Changing Body (Boys)
- Hair on Legs and Underarms (Girls)
- Acne
- What Can I Do About Acne?

### Manners

- Picking My Nose
- Biting My Nails
- Passing Gas
- Touching Myself
- Adjusting Underwear

---

## Middle School

### Transitions

- Leaving Elementary School
- Leaving for School on Time
- New Bus Driver
- New Bus Route
- New Seating Arrangement
- Schedule Changes
- Leaving and Coming Back to the Classroom
- Bathroom
- Hallway Crowds
- Lockers
- Dress Code
- Emergency Drill
- Substitute Teacher
- Speech Therapy
- Counseling
- Social Skills Buddy

### Classroom

- Inclusion
- School Rules
- Class Schedule
- Raising My Hand
- Let the Teacher Talk
- Homework
- I Forgot My Homework
- Taking Notes
- Taking a Test
- Cheating
- Others Are Working
- Inappropriate Talking
- Joining a Work Group
- Teacher's Signal
- I Feel Sick at School

### Cafeteria

- I Eat My Own Food
- Lunch
- Vending Machines
- Lunch Choices
- Joining Others at Lunch
- Joining Others at Lunch – Rejection

### Gym

- Gym Class
- Changing Clothes in Gym
- Adaptive P.E.

## Special Events & Activities

### Changes in the Family

- New House
- Getting Ready for a New Baby
- Living with a New Baby
- New Mom
- New Dad
- Grandparent Comes to Stay
- Older Sibling Leaves Home
- Death in the Family
- Parents Divorce
- Shared Custody
- Step-Family
- Boyfriend Moves In
- Girlfriend Moves In
- In-Home Trainer
- Showing Respect to Adults
- Waking Up at Night

### Special Events

- Going to a Wedding
- Visiting a Nursing Home
- Daylight Savings Time
- Storms
- Electricity Goes Out
- New Pet
- Pet to Vet
- Pet Dies

### Community Events

- Volunteering to Help
- Private Lessons
- Team Sports
- Day Camp
- Going to a Movie
- Camping Out: The Tent
- Camping Out: The Campfire
- Camping Out: Safety Rules
- Table Manners
- Going Out to Eat: Sit-Down Restaurant
- Going Out to Eat: Fast-Food Restaurant
- Going Out to Eat: Cafeteria
- Going Out to Eat: Buffet
- Out of Town Trip: Journey by Car
- Out of Town Trip: The Hotel
- Out of Town Trip: A Different House

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